

28th February 2025

Dear parents and carers,

We hope this message finds you and your little ones well.

Our topic for this week has been Oral Health. We know how important oral health is to children, from their first tooth to their first visit to the dentist. As such, we are committed to supporting your child in developing their understanding and fine motor skills to keep their teeth healthy and clean.

Through engaging with stories and play, the children have had opportunities to use all their senses to learn more about teeth and how to keep them healthy and clean. The children have been using toothbrushes to paint coloured tooth shapes white, using playdough to make gums and teeth, counting their teeth while checking them in the mirror, role-playing dentists, brushing our toy animals' teeth, learning little poems, singing action rhymes, doing fun dances while pretending to brush their teeth and lots more. It's been a joy to see them so engaged and having fun while learning about oral health.

Below are the links to some educational songs, films, and storybooks we have used this week to support the children's learning about oral health. We have also included some information provided by the NHS on children's oral health.

Best wishes,

The HETTY Team

Dentist

[What's in Your Bag?Series 1](#)

Dr Milad, the dentist, tells us how his dazzling dental mirror helps him to check that our teeth are strong and healthy.

<https://www.bbc.co.uk/programmes/m001l5qd>

Alan's Big, Scary Teeth - Animated and Read aloud!

<https://youtu.be/9StHvinaVro?si=wrDeA2GNNbDXkP8V>

Brush Your Teeth | Kids Songs | Super Simple Songs

https://youtu.be/wCio_xVlgQ0?si=mw9-DDrHaLQZU8zi

Brush your teeth | Early Years - Nursery Rhymes

<https://youtu.be/H57bGG6yTRY?si=4UV53dTClestOYa>

Brush Your Teeth | Kids Song | Finny The Shark

https://youtu.be/3X4Udn7lbuY?si=bEYg4OrdbsUaQET_

"The Tooth Brushing Song!"

Danny Go! 2-Minute Brush Your Teeth Song for Kids

<https://youtu.be/gdcn9KbNTQY?si=1YyWkDX8gVxz0XOZ>