

Your Three Week Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE				
Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables	Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables	Braised Beef Casserole/Veggie Mince Casserole and New Potatoes, with Seasonal Vegetables	Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables	MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans
Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap
Apple Pie and Custard	Iced Chocolate Sponge Cake	Lemon Drizzle Cake	Fruit Platter	Golden Crunch and Fruit Wedge

WEEK TWO				
Pork/Quorn Sausage Bacon, Scrambled Egg, Hash Brown and Baked Beans	Tomato and Herb Pasta	Chicken/Veggie Hot Pot, with Seasonal Vegetables	Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables	Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans
Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap
Biscuit or Cake	Chocolate Crispy Cake and a Fruit Wedge	Mousse	Cheese & Crackers	Raspberry Bun and Fruit Wedge

WEEK THREE				
Pork/Quorn Sausages with Yorkshire Pudding, Mashed Potatoes, Seasonal Vegetables and Gravy	Pasta Bolognese/Vegetable Bake with Garlic Bread and Seasonal Vegetables	Beef Stew/Veggie Hot Pot and New Potatoes with Seasonal Vegetables	Chicken/Vegetarian Curry with Rice, Naan Bread and Seasonal Vegetables	MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans
Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap	Deli Option Ham or Cheese Sandwich/Wrap
Biscuit or Cake	Chocolate Biscuit and a Fruit Wedge	Fruit Jelly and Fruit Wedge	Fruit Salad	Melting Moment and Fruit Wedge

For allergen information, please ask one of our Catering Team

